Behavioural guidelines and rules for Mora Swimming pool

By paying your admission fee, you agree to the Municipality’s behavioural guidelines and rules at the facility

Mora Municipality defines “swimming ability” as “150m breaststroke and 50m backstroke (Equilateral)”

- A guardian is responsible for their children’s safety at the swimming pool. “Guardian” refers to an adult (18+ years) that can swim.
- Children under the age of 10 as well as those who cannot swim may only access the pool area if they have a guardian wearing swimwear with them. “Guardian” refers to an adult (18+ years) that can swim.
- The guardian must always pay their admission fee to the swimming pool. For safety reasons, all our customers using the pool must wear swimwear.
- Swimming always takes place at your own risk. Supervision of swimmers is limited.
- For your personal safety and the safety of others, you must always follow the safety regulations and verbal instructions from the staff.
- Keep an eye on your friend – be a “lifeguard” for each other.
- Do not run – there is a high risk that you may slip.
- Never push anyone or hold them below the water.
- Snorkels and flippers may not be used.
- Only approved swimwear may be worn when swimming. (Not underwear)
- Children over the age of 9 may not enter the changing room for the opposite sex.
- Photography of people using the swimming facilities is forbidden without special permission. This applies for both standard cameras and cameras on mobile telephones. Contact the staff.
- All group visits must be booked. Upon booking, the total number of leaders who will swim will be discussed and decided. Telephone the swimming pool’s reception for booking, 0250-159 25.
- For group visits, the appointed leader is always responsible for the group.
- Please respect that during swimming lessons/water aerobics, the pool/sections of the pool have been booked.
- Glass bottles may not be taken anywhere at the swimming pool.
- The consumption of alcohol is forbidden.
- Male and female staff may be present in each section.

Changing rooms and shower facilities

- We operate a padlock system. Use your own padlock.
- The swimming pool does not accept responsibility for your valuables.
- Shower without swimwear before using the sauna and pool.
- No swimwear in the sauna.

The instruction pool

- The instruction pool is primarily intended for those who cannot swim.
- No diving.
The swimming pool
- Toys are only permitted in lanes 5 and 6.
- Lanes 1 and 2 are reserved for swimming workouts.
- Avoid holding on to the lane dividers.

Deep pool
- Only experienced swimmers may use the deep pool. Inexperienced swimmers are referred to lanes 5 and 6.
- Only one person at a time may use the trampolines.
- No toys are allowed.

The jacuzzi
- Only use the jacuzzi when it is bubbling.
- Max. eight people.
- The jacuzzi is not recommended for pregnant women.

Miscellaneous
- The staff’s task is to maintain a safe and secure establishment and so they have the right to enforce the local rules and take action against visitors who do not follow them.
- Breaking the rules leads to refusal of entry/suspension. Admission and training costs will not be refunded.
- All visits to and use of the facility takes place at your own risk.

The cash desk closes 30 minutes (on Thursdays, one hour) before closing time.
The swimming pool is locked 15 minutes after closing.

Thank you for contributing to a nicer, cleaner swimming pool.

Subject to changes